

Nuttall's Mintoos

From the sweeties.net wiki

Mintoos are hard butter mint sweets, and the name has Doncaster roots. The William Nuttall business, based in the town, was best known for its Mintoos hard sweets.

A Doncaster sweet

In the 19th and 20th centuries Doncaster was home to several sweet makers: Parkinson's, the butterscotch makers, Nuttall's with its Mintoos, and Murray Mints. In August 2011, Parkinson's put its 190 year old trademark up for sale on eBay: see [butterscotch](#) and [Murray Mints](#)

Nuttall's was bought by Callard and Bowser, a firm founded in Glasgow in 1779 and known for its toffee. The takeover made Callard and Bowser one of the largest toffee makers in the UK.

Butter mintoos today

The name lives on in butter mintoos sold under supermarket labels, and in sugar free versions.

Butter Mintoos, as recorded by Open Food Facts in September 2026. Glucose syrup, sugar, butter (8 per cent), invert sugar syrup, salt, soya lecithins, flavouring, hydrolysed milk protein, and plain caramel as a colour. The record carries a vegetarian label.

Sugar Free Mintoos, as listed by Sweets and Candy. Isomalt and sucralose as sweeteners, butter, peppermint oil and vanilla as flavourings, plain caramel and salt. The retailer lists them as suitable for vegetarians.

Real butter, unlike buttermints

Both recipes here contain butter. That sets them apart from the buttermints sold by one UK retailer, whose recipe lists no butter or milk at all, only flavourings: see [butter mints](#)

Diet and allergy points

- **Milk.** Both recipes contain butter, and one also contains hydrolysed milk protein, so they are not suitable for anyone with a milk allergy or for vegans: see [milk in sweets](#)
- **Soya.** The Open Food Facts recipe contains soya lecithins.
- **Sugar free.** The sugar free version is sweetened with isomalt, and it carries the warning excessive consumption may produce laxative effects: see [why do sugar free sweets carry a laxative warning?](#)
- **Young children.** These are hard sweets, and the NHS says not to give young children hard foods such as boiled sweets. The sugar free listing says they are not suitable for children under 3.

In our pick and mix

We do not sell Mintoos, but we do sell [SW040](#). Each card opens up to show the full ingredients and allergens for the sweets we actually stock.

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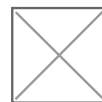
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