

Murray Mints

From the sweeties.net wiki

Murray Mints are wrapped mint sweets sold under the Bassetts name, in rolls. The UK retailer Sweets and Candy describes them as smooth and creamy mint flavoured sweets and lists them as suitable for vegetarians.

What is in them

Murray Mints, as recorded by Open Food Facts. Sugar, glucose syrup, palm oil, molasses, salt, sunflower lecithin as an emulsifier, and flavourings.

For other mint sweets, see [mint imperials](#) and [butter mints](#)

Why there is molasses in a mint

Molasses is a thick by product of refining sugar cane or sugar beet into sugar. Sugar cane molasses is used to sweeten and flavour foods, and it is a major part of commercial brown sugar.

What the lecithin does

Lecithin is a group of fatty substances that attract both water and fat, which makes it an excellent emulsifier: it helps ingredients that would separate stay evenly mixed. It can come from egg yolk, soybeans, milk, rapeseed or sunflower oil, and the recipe here uses sunflower.

Diet and allergy points

- **Vegetarian.** Sweets and Candy lists Murray Mints as suitable for vegetarians, and the recipe recorded here contains no gelatine, milk or egg.
- **Soya.** The recipe uses sunflower lecithin rather than soya lecithin, which matters to anyone with a soya allergy, but recipes change, so check the pack: see [soya in sweets](#) and [how to read a sweet label](#)
- **Palm oil.** The recipe contains palm oil: see [palm oil in sweets](#)

Who makes them

Murray Mints have Doncaster roots: in the 19th and 20th centuries the town's sweet makers included Parkinson's, the butterscotch makers, Nuttall's Mintoes and Murray Mints: see [Nuttall's Mintoes](#)

Today Murray Mints are sold under the Bassetts name. Maynards Bassetts is a brand of Mondelez, the company that also makes Cadbury chocolate. For other old names still on sale, see [what are retro sweets?](#)

In our pick and mix

We do not sell Murray Mints, but we do sell [SW040](#), a traditional mint. Each card opens up to show the full ingredients and allergens for the sweets we actually stock.

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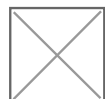
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