

Blackcurrant and liquorice sweets

From the sweeties.net wiki

Blackcurrant and liquorice sweets are boiled sweets that pair the fruity taste of blackcurrant with the earthy taste of liquorice. The UK retailer Sweets and Candy describes them as a bold blend of sweet and savoury, sold individually wrapped.

What is in them

Blackcurrant and Liquorice, as listed by Sweets and Candy. Glucose syrup, sugar, water, citric acid, sweetened condensed skimmed milk, palm kernel oil and palm stearin, flavourings, soya lecithin as an emulsifier, and the colours E163, anthocyanins, and E153, vegetable carbon. The retailer lists them as suitable for vegetarians.

Two things stand out. The recipe contains milk, from condensed skimmed milk. And it lists no liquorice extract: the liquorice taste comes from flavourings, and the black comes from vegetable carbon: see [is aniseed the same as liquorice?](#)

How Britain took to blackcurrant

Blackcurrant's place in British sweets has a wartime story. In the Second World War, oranges and other fruits rich in vitamin C were hard to get, because most were imported. Blackcurrants are rich in vitamin C and grow well in the British climate, so the government encouraged their cultivation, and the crop grew quickly. From 1942, blackcurrant syrup was given free to children under the age of two, and that may have given rise to the flavour's lasting popularity in Britain: see [sweet rationing in Britain](#)

Across the Atlantic, the story went the other way. Blackcurrant bushes can carry white pine blister rust, a disease of pine trees, so the plant was banned in the United States for much of the 20th century. The federal ban was lifted in 1966, but some states kept their own bans.

Allergy points

- **Milk.** The recipe contains condensed skimmed milk: see [milk in sweets](#)
- **Soya.** It contains soya lecithin: see [soya in sweets](#)
- **Gluten.** The retailer warns that the sweets may contain gluten.

In our pick and mix

We do not sell blackcurrant and liquorice sweets, but we do sell [SW049](#) and [SW048](#). Each card opens up to show the full ingredients and allergens for the sweets we actually stock.

Earn rewards on sweeties.net

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



sweeties.net · Tunbridge Wells, Kent · hello@sweeties.net · 3-click cancel at sweeties.net/cancel/