

Sweet table colour themes

From the sweeties.net wiki

A sweet table in one or two colours, laid out in clear jars, is a simple way to make sweets part of the decoration at a wedding, a baby shower or a birthday: see [what is a sweet cart?](#)

Themes that work

- **Pink and white.** For birthdays, hen parties and baby showers.
- **Blue and white.** For baby showers and summer parties.
- **Gold and yellow.** For anniversaries and celebrations.
- **A rainbow.** Every colour, for children's parties.

Choose sweets in your colours across different textures, jellies, foams, chocolates and boiled sweets, and use clear jars so the colour shows.

Where each colour comes from

- **Pinks and reds** come from beetroot red, a colour obtained from beets, from anthocyanins in fruit and vegetables, or from carmine, E120, a red made from cochineal insects: see [what is carmine?](#)
- **Blues** come from a synthetic colour such as brilliant blue, E133, or from spirulina, a blue green alga. Blue Smarties returned in 2008 coloured with spirulina: see [what is spirulina doing in my sweets?](#)
- **Yellows and golds** come from curcumin, the pigment in turmeric, from carotenes, or from synthetic yellows.
- **Whites** can come from the sweet's own ingredients, or from titanium dioxide, E171, which the EU banned as a food additive in 2022 but Great Britain still permits.

See [natural colours in sweets](#)

The colours that bring a warning

A bright colour theme can decide whether a sweet carries a warning. Six synthetic colours, including tartrazine (E102), sunset yellow (E110) and allura red (E129), must carry the warning may have an adverse effect on activity and attention in children. If the table is mainly for children, sweets coloured from plants avoid the warning: see [the Southampton six colours](#)

Sweets by colour from our pick and mix

We sell [SW029](#), [SW042](#), [SW015](#) and [SW001](#) by the 100 g, and each card opens up to show the full ingredients, colours included, and the allergens for the sweets we actually stock. For more ideas, see [pick and mix party ideas](#)

Earn rewards on [sweeties.net](#)

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



[sweeties.net](#) · Tunbridge Wells, Kent · hello@sweeties.net · 3-click cancel at [sweeties.net/cancel/](#)