

Sweet hamper ideas

From the sweeties.net wiki

A sweet hamper is a box or basket of sweets given as a present. It works for a birthday, Christmas, Mother's Day, Father's Day or a thank you, and it is easy to tailor to one person's taste.

Themes to build around

- **Retro.** Sweets from the recipient's childhood, such as pear drops, sherbet lemons and flying saucers: see [where to buy retro sweets in the UK](#) and [retro sweet gifts for grandparents](#)
- **Regional Britain.** Sweets tied to places, such as Kendal mint cake, Pontefract cakes and Edinburgh rock: see [Kendal mint cake](#), [Pontefract cakes](#) and [Edinburgh rock](#)
- **Toffee and fudge.** A tin of chewy, buttery sweets: see [fudge](#)
- **One colour.** Everything pink, or everything red, for a birthday or Valentine's Day: see [sweet table colour themes](#)
- **A glass jar.** A jar of pick and mix makes a hamper on its own: see [where to buy sweet jars](#)

Packing it so it arrives well

Sweets change as they sit together. Moisture moves from soft, moist sweets such as jellies into dry, hard sweets such as boiled sweets, leaving the jellies harder and the hard sweets sticky, so pack them in separate sealed bags or jars. Keep chocolate cool and dry and out of the sun, but not in the fridge, where damp can cause sugar bloom: see [how should you store pick and mix?](#)

How long it will keep

The best before date on each pack is the best guide. Sweets hold very little free water, so mould struggles to grow in them, but they still age: jellies dry and harden, boiled sweets pull in moisture and go sticky, and chocolate can bloom white, although bloomed chocolate stays safe to eat: see [how long do sweets last?](#)

Allergies

A hamper is opened by someone who did not choose it, so include the full ingredients for every sweet, especially loose ones that come without a packet. If the recipient has an allergy, keep their sweets sealed separately and avoid anything with a may contain warning for their allergen: see [pick and mix and allergies](#)

Every sweet in our shop has a card that opens up to show its full ingredients and allergens, and delivery is £3.99 for orders up to 2 kg, by Royal Mail 48.

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