

Pick and mix party bags

From the sweeties.net wiki

Party bags are the small bags of treats children take home from a party, and pick and mix is an easy way to fill them, because each bag can be a mix.

How much to put in

Sellers' guides suggest about 50 to 75 g of sweets per child, so twenty party bags need about 1 to 1.5 kg in total: see [how much pick and mix do you need per person?](#)

We sell every sweet by the 100 g, so you can build the mix you want, and each bag can hold a little of several sweets.

What to leave out for younger guests

The NHS says not to give young children hard foods such as boiled sweets or whole nuts, because of the risk of choking. If some guests are toddlers or pre school children, leave hard sweets and nuts out of their bags: see [hard sweets and young children](#)

Allergies and labels

Once a party bag leaves the party, the parent is the one who checks what is inside, and loose sweets have no packet to read. Add a note to each bag listing the sweets and their allergens, or keep the ingredients information to pass on if asked. The 14 major allergens are the ones to look for: see [the 14 allergens explained for sweets](#)

If a guest has an allergy, make up that child's bag separately, with a clean scoop, so nothing is carried over from other sweets: see [pick and mix and allergies](#)

Every sweet in our shop has a card that opens up to show its full ingredients and allergens, which makes a party bag note easy to write.

Bags

Our trade section sells candy striped paper bags and clear food bags for loose sweets, along with scoops: see [where to buy a pick and mix stand](#)

For more ideas, see [pick and mix party ideas](#)

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100 pts = 1 tree

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