

Sweets for Eid

From the sweeties.net wiki

Eid al Fitr marks the end of Ramadan, the month of fasting. It falls on the first day of Shawwal, the tenth month of the Islamic calendar, and begins at sunset on the night the new crescent moon is first seen. If clouds hide the moon, the celebration moves to the following day.

After the morning prayer, food is a central theme of the day, which gives the festival its nickname: Sweet Eid, or the Sugar Feast.

Sweets around the world

- **Turkey.** Eid al Fitr is called Ramazan Bayram?, and also ?eker Bayram?, the bayram of sweets. Children go door to door wishing their neighbours a happy bayram and are given sweets, chocolates, baklava, Turkish delight or a little money: see [Turkish delight](#)
- **Pakistan.** It is known as Meethi Eid, sweet Eid. Families start the day with a special breakfast of sweets, including kheer and sheer khurma, made with vermicelli, milk, butter, dried fruit and dates.
- **South Asia more widely.** Sivayyan, fine toasted sweet vermicelli with milk and dried fruit, is served alongside other regional dishes.
- **The Gulf.** Majlises offer fruit, dates, tea and coffee, and in Bahrain halwa is a popular sweet: see [how is halva made?](#)
- **Afghanistan.** Families visit the bazaars for new clothes and sweets, including jalebi.

Choosing halal sweets

If you are giving sweets for Eid, make sure they are halal. The main question with pick and mix is gelatine: gelatine from pigs is never halal, and gelatine from other animals is halal only if the animals were slaughtered according to Islamic law. Labels often just say gelatine, so the source may not be clear. Look for a clear halal label or certification: see [a guide to halal sweets](#) and [what sweets are halal in the UK?](#)

Colours matter too. Carmine, a red made from insects, is considered forbidden by many Muslims, since all insects except the locust are held to be haram: see [what is carmine?](#) and [gelatine in sweets explained](#)

In our pick and mix

Our pick and mix includes [SW011](#), and every sweet's card opens up to show its full ingredients and allergens, so you can check each one before building a box to share. For gift ideas, see [sweet hamper ideas](#)

Earn rewards on sweeties.net

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



sweeties.net · Tunbridge Wells, Kent · hello@sweeties.net · 3-click cancel at sweeties.net/cancel/