

Tutti frutti

From the sweeties.net wiki

Tutti frutti comes from the Italian tutti i frutti, meaning all fruits. The name covers two quite different things: a colourful mix of chopped fruits, often candied, and a flavouring made to taste like many different fruits at once, with vanilla.

Where it came from

Tutti frutti has been a dessert for a long time. Tutti frutti ice cream appeared on the bill of fare for a dinner in England in 1860, and recipes for it were printed in cookbooks of the late 19th century. It was a gum flavour by 1888, when the Adams New York Gum Company sold tutti frutti gum, one of the first gum flavours sold from vending machines: see [gum balls](#)

Tutti frutti around the world

The name means different things in different places. In the Netherlands and Belgium, tutti frutti is a dish of dried fruits such as raisins, apricots, prunes and figs, served as a dessert or with meat. In the United States it can mean fruit soaked in brandy or other spirits. In Finland and Sweden, Tutti Frutti is a fruit sweet mix made by Fazer: see [what is Swedish pick and mix?](#)

Tutti frutti in sweets today

- **Jelly beans.** Jelly Belly's 20 flavour mix, as listed by Sweets and Candy, includes a tutti frutti bean among its flavours: see [jelly beans](#)
- **Nougat.** Sweets and Candy sells a Tutti Fruity Nougat Bar, described as soft nougat with fruit pieces: see [nougat](#)
- **Gum and gum balls.** Tutti frutti has been a gum flavour since the 1880s.

Real fruit or flavouring?

Because tutti frutti can be either chopped fruit or a flavouring, the name alone tells you nothing about what is inside. A tutti frutti sweet may contain candied fruit, fruit juice, or no fruit at all, only flavourings. The ingredients list is the only reliable guide: see [how are sweets flavoured?](#) and [how to read a sweet label](#)

In our pick and mix

We do not sell a sweet called tutti frutti. Each sweet we do sell has a card that opens up to show its full ingredients and allergens.

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