

Pink and white mice

From the sweeties.net wiki

Pink and white mice are small mouse shaped sweets in pink and white, made from a candy flavoured to taste of chocolate. They look as if they could be white chocolate, but the recipes here contain no cocoa at all.

What is in them

Kingsway Pink and White Mice, as listed by The Candy King. Sugar, palm oil, whey powder from milk, wheat flour with added calcium, iron, niacin and thiamin, soya lecithin as an emulsifier, natural flavourings, and carmine as a natural colour. The retailer also lists a tuck shop version with the same ingredients, coloured with cochineal.

Pink and White Mice, as listed by Sweets and Candy. Sugar, palm fat, whey powder from cows' milk, wheat flour with added calcium, iron, niacin and thiamin, soya and rapeseed lecithins, natural flavourings, and carmine. The retailer describes them as strawberry and cream chocolate flavoured candy.

Chocolate flavour, not chocolate

Neither recipe lists cocoa butter or any other cocoa ingredient: the fat is palm. In England, the Cocoa and Chocolate Products Regulations 2003 reserve the name white chocolate for products with at least 20 per cent cocoa butter and 14 per cent dry milk solids. That is why The Candy King describes these mice as chocolate flavour candy: see [how is chocolate made?](#)

White mice are made the same way, without the carmine, and they are not white chocolate either: see [white chocolate mice](#)

Why there is flour in a sweet

The wheat flour is marked with added calcium, iron, niacin and thiamin. Those are there because of the flour, not the sweet: in England and Scotland, the Bread and Flour Regulations 1998 require most wheat flour, other than wholemeal, to have calcium carbonate, iron, thiamin and nicotinic acid, also called niacin, added to it.

Where the pink comes from

The pink comes from carmine, also called cochineal, a red colour made from insects. It is not suitable for vegans, and anyone who avoids insect ingredients should leave these mice out: see [what is carmine?](#)

Allergy points

- **Milk.** Both recipes contain whey powder from milk: see [milk in sweets](#)
- **Wheat.** Both contain wheat flour, so they are not suitable for anyone with coeliac disease or a wheat allergy: see [wheat in sweets](#)
- **Soya.** Both contain soya lecithin: see [soya in sweets](#)
- **Nuts.** Sweets and Candy says its sweets are packed where peanuts and nuts are handled: see [pick and mix and allergies](#)

Not a foam sweet

Unlike foam shrimps and foam bananas, the recipes here contain no gelatine. Pink and white mice are a candy made with fat, milk powder and flour: see [what are foam sweets made of?](#)

In our pick and mix

We sell [SW029](#) by the 100 g. Recipes differ between makers, so the card opens up to show the full ingredients and allergens for the pink and white mice we actually stock.

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