

Fizzy cola bottles

From the sweeties.net wiki

Fizzy cola bottles are cola flavoured gummy bottles tumbled in sugar sharpened with acid. For the plain, glazed kind, see [cola bottles](#), and for how both are shaped, see [how are cola bottle sweets made?](#)

Three recipes, three diets

Kingsway fizzy cola bottles, as listed by The Candy King. Sugar, glucose syrup, wheat starch, water, modified maize starch, lactic, malic and citric acids, sodium malates, modified potato starch, caramel syrup and flavouring. The retailer labels them vegan and vegetarian, and marks wheat as an allergen.

Fizzy cola bottles, as listed by Sweets and Candy. Glucose syrup, sugar, corn starch, gelatine, glycerol, citric and malic acids, concentrates of molasses, hibiscus, apple and carrot, pectins and flavourings. The listing does not say which animal the gelatine comes from.

Halal fizzy cola bottles, as listed by Sweets and Candy. Glucose syrup, sugar, corn starch, beef gelatine, citric acid, tartaric and malic acids, plain caramel as a colour, and flavouring. The retailer says they are made with certified halal gelatine.

Starch instead of gelatine

Kingsway's recipe has no gelatine. It is set with wheat, maize and potato starches, which is how it can be labelled vegan: see [starch jelly sweets explained](#)

The trade off is wheat. Kingsway's bottles are not suitable for anyone who must avoid wheat, so a vegan label does not make a sweet safe for everyone: see [wheat in sweets](#) and [what sweets are vegan in the UK?](#)

The colours

None of the three recipes lists a synthetic colour. Kingsway's contains caramel syrup, the standard Sweets and Candy recipe uses concentrates of molasses, hibiscus, apple and carrot, and the halal recipe uses plain caramel, a colour made by heating sugars. That is quite different from Kingsway's plain cola bottles, which list four added colours: see [cola bottles](#)

Why they taste sharp

The coat is sugar mixed with acids. All three recipes use citric and malic acids, Kingsway's adds lactic acid, and the halal recipe adds tartaric acid. None lists bicarbonate, so the sharpness comes from acid rather than real fizz: see [how are sour sweets made?](#) and [why do fizzy sweets fizz on your tongue?](#)

Other allergy points

Sweets and Candy says its sweets are packed where wheat, gluten, soya, milk, peanuts and nuts are handled, and it marks the halal bottles as may contain gluten: see [pick and mix and allergies](#)

In our pick and mix

We sell [SW014](#) and [SW024](#) by the 100 g. Recipes differ between makers, so each card opens up to show the full ingredients and allergens for the fizzy cola bottles we actually stock.

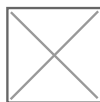
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