

Fizzy strawberry belts

From the sweeties.net wiki

Fizzy strawberry belts are long, flat strips of red sweet, flavoured with strawberry and coated in sugar sharpened with acid. Vidal, the sweet maker, sells them under the name Strawberry Belts, and the retailer The Sweet Store calls them one of its best sellers.

What is in them

The Sweet Store lists the ingredients of Vidal's Strawberry Belts as:

- **Sugar and glucose fructose syrup**, the main sweeteners.
- **Wheat flour**, which contains gluten.
- **Citric and malic acids**, for the sour taste: see [what is malic acid in sweets?](#)
- **Palm fat, dextrose and corn starch**: see [palm oil in sweets](#)
- **Ascorbic acid**, vitamin C, used as an antioxidant, and **potassium citrates**, an acidity regulator.
- **Flavouring and salt**.
- **Carrot and blackcurrant concentrates**, and the colour **E120**.

Flour, not jelly

Like rainbow sour belts, these are made with wheat flour rather than set with gelatine: see [rainbow sour belts](#). That makes them different from jelly sweets such as gummy strawberries, and it means they contain wheat and gluten, so they are not suitable for anyone with coeliac disease or a wheat allergy: see [wheat in sweets](#)

Where the red comes from

The red comes partly from carrot and blackcurrant concentrates and partly from E120, carmine, a colour made from cochineal insects. Carmine is not suitable for vegans, many vegetarians avoid it, and it may cause allergies: see [what is carmine?](#)

Other allergens

The Sweet Store warns that, because of the way its products are handled and made, all of them may contain nuts, peanuts, dairy, soya, gluten, mustard and other allergens: see [pick and mix and allergies](#)

Strawberry cousins

For other strawberry sweets, see [strawberries and cream sweets](#) and [how are strawberry laces made?](#)

In our pick and mix

We sell [SW022](#) by the 100 g. Recipes differ between makers, so the card opens up to show the full ingredients and allergens for the fizzy strawberry belts we actually stock.

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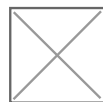
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