

Toffee bonbons

From the sweeties.net wiki

In Britain, a bonbon is a hard sweet with a chewy centre, coated in icing sugar, and toffee is one of the flavours, along with strawberry, lemon and blue raspberry: see [strawberry bonbons](#). Toffee bonbons have a chewy toffee centre inside a firmer shell, and they are sold loose, dusted in icing sugar rather than wrapped.

What is in them

Recipes vary between makers. Two examples show the range.

Sweets and Candy's toffee bonbons list sugar, glucose syrup, sweetened condensed whole milk, fully hydrogenated coconut fat, salt, dextrose, flavouring, gum arabic as a stabiliser and mono and diglycerides of fatty acids as an emulsifier. The retailer describes them as suitable for vegetarians.

Berrymans' dusted toffee bonbons list sugar, glucose syrup, sweetened condensed skimmed milk, palm oil, whey powder, cornflour, butter, salt, soya lecithin and natural flavouring. Berrymans marks them as vegetarian, gluten free and gelatine free, and sells them in a 605 g jar.

Both recipes use condensed milk for the toffee centre, and Berrymans adds butter and whey: see [how is toffee made?](#)

Allergy points

- **Milk.** Both recipes contain milk, so toffee bonbons are not suitable for anyone with a milk allergy, or for vegans: see [milk in sweets](#)
- **Soya.** Berrymans' recipe contains soya lecithin: see [soya in sweets](#)
- **Nuts and gluten.** Berrymans says its bonbons are packed in a factory that handles nuts, and Sweets and Candy says its facility also processes wheat, gluten, soya, peanuts and nuts: see [which sweets contain nuts?](#)

Loved or not

Berrymans itself says toffee bonbons divide opinion, with some people loving them and others not, depending on what they grew up eating.

In our pick and mix

We sell [SW046](#) by the 100 g. Recipes differ between makers, so the card opens up to show the full ingredients and allergens for the toffee bonbons we actually stock. For a wrapped toffee with a chocolate centre, see [chocolate eclairs](#)

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