

Strawberry bonbons

From the sweeties.net wiki

The word bonbon means different things in different countries. Elsewhere, a bonbon is usually a small chocolate, sometimes filled with liqueur and wrapped in coloured foil. In the United Kingdom, a bonbon is a hard sweet with a chewy centre, coated in icing sugar, and British bonbons come in flavours including strawberry, lemon, blue raspberry and toffee.

What is in them

Recipes vary between makers. CandyKing, a pick and mix supplier, lists the ingredients of its Strawberry Bonbons as:

- **Sugar and glucose syrup**, the base of the sweet.
- **Vegetable fats, coconut and palm**: see [palm oil in sweets](#)
- **Maltodextrin**, a carbohydrate made from starch.
- **Citric acid**, for a fruity tang: see [what is citric acid in sweets?](#)
- **Sucrose esters of fatty acids**, an emulsifier that helps the fat and sugar mix.
- **Concentrates of apple, lemon, strawberry, beetroot, orange, pineapple and peach**, natural flavouring, and **beetroot red** for colour: see [natural colours in sweets](#)

CandyKing gives 70.4 g of sugar, 5.8 g of fat and 4.9 g of saturated fat per 100 g.

Diet and allergies

CandyKing describes these bonbons as vegan and gelatine free. Two points are worth knowing:

- **Palm fat**. The recipe uses palm fat, which some people choose to avoid for environmental reasons: see [palm oil in sweets](#)
- **May contain milk**. CandyKing warns that they may contain milk, and that pick and mix scoops move between boxes, so allergens can travel. A sweet can be vegan by recipe and still carry a milk warning: see [milk in sweets](#) and [pick and mix and allergies](#)

Other bonbons

Bonbons also come in toffee, lemon and blue raspberry flavours: see [toffee bonbons](#)

In our pick and mix

We sell [SW045](#) by the 100 g. Recipes differ between makers, so the card opens up to show the full ingredients and allergens for the strawberry bonbons we actually stock.

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